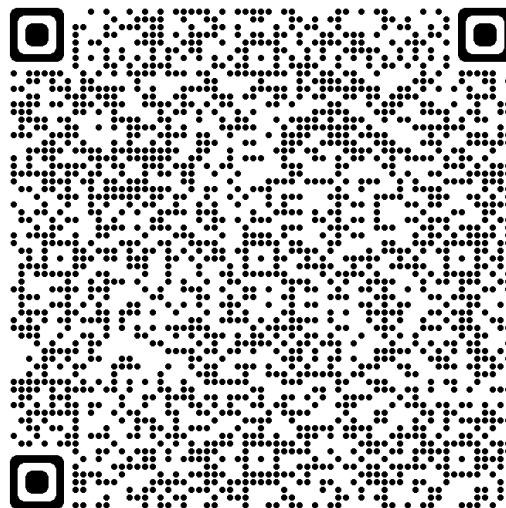


# Joint, bone or muscle problem? Back or neck pain?

Use our online assessment to get help quicker - without having to see your GP first.

Available 24/7, it usually takes less than 10 minutes to do and is the quickest way to get the help you need.

Visit <https://so.merseywestlancs.nhs.uk/our-services> to get started or scan the QR code below.



## Not sure about using the internet?

Ask family or a friend to help you. As long as you are entering your symptoms it's okay to get help.

### Sorry but:

- You have to be aged 16 or over to use this service; under 16s need to see their GP for a physiotherapy referral.
- This service is only for patients registered with a GP in Southport, Formby or West Lancashire.